

FAMILIES AND CARERS SERVICES

ARCH Family Service (see page 13)

ARCH Relatives Support Group (see page 13)

Children's Centre

Rock Ferry Children's Centre

Ionic Street
Birkenhead
Wirral - CH42 2BL

Tel: 0151 644 5500

**Birkenhead and Tranmere
Children's Centre**

St Laurence's Primary School
Annexe
Beckwith Street East Birkenhead

Tel: 0151 647 1676

Opening hours: 9.30am - 5pm

Provides a group for relatives who are affected by another's drug/alcohol use.

Opening hours: Monday - Friday 9am to 5pm unless otherwise stated. Rock Ferry Children's Centre is open some evenings and has services for dads on a Saturday.

Children's Centre programmes aim to work with families with children under five living in specific areas of Wirral. The programmes aim to improve the health and well-being of families and their children before and from birth.

Services provided:

- home-visiting service
- support for families, parents, carers and children
- opportunities to experience good quality play, learning and childcare
- pregnancy support, home safety and healthy lifestyle choices
- a range of family orientated activities
- education, training and volunteering opportunities
- referral and close links to other services.

**Bidston and St James
Children's Centre**

St James Centre
344 Laird Street
Birkenhead

Tel: 0151 651 1190

Please ring your nearest Children's Centre for more information on the service, whether it operates in your area and how to access it.

Family Tree

Stein Centre
St Catherine's Hospital
Derby Road
Birkenhead

Tel: 0151 488 7708

A service providing information, training and support to carers and family members of people with psychotic disorders including those with a dual diagnosis of substance misuse. Please ring for more details.

FWA Investing in Families

c/o The Nursery Annexe
St Anne's RC School
Overbury Street
Liverpool
L7 3HJ

Tel: 0151 703 9085

Opening hours: Monday - Friday 9am - 5pm.

Services provided:

Holistic family support services working with families experiencing social problems.

Currently developing service provision across Wirral. Please ring for more details.

Home-Start North Wirral

192 Tollemache Road
Birkenhead
CH43 7SE

Tel: 0151 653 2323

Email: admin@homestartnorthwirral.co.uk

Website: www.homestartnorthwirral.co.uk



Trained volunteers who have experience of bringing up children give free practical advice and help to any parent with at least one child under five. By visiting a family in their own home and offering friendship, Home-Start volunteers represent a lifeline for many families who are finding it hard to cope.

PADA (Parents Against Drug Abuse)

St James Centre
Laird Street
Birkenhead
CH41 8DB

Tel: (Wirral office) 0151 652 0666

Tel: (Ellesmere Port office) 0151 356 1996

24 hour helpline 08457 023867

Opening hours: office Monday - Friday 10am - 4.30pm.

Email: admin@pada.org.uk

Website: www.pada.org.uk

To support and inform the families, friends and carers who are affected by someone who uses substances.

Services provided:

- helpline
- one to one support
- training
- referral to other services
- annual conference for families.

Facilities provided:

Disabled access, close to train and bus routes.

Parentline Plus North West

Royal Standard House
334 New Chester Road
Wirral
CH42 1LE

Tel: 0151 201 7876

24 hour helpline: 0808 800 2222

Text phone: 0800 783 6783

Email helpline: parentsupport@parentlineplus.org.uk

Opening hours: Monday - Friday 9am - 5pm.

A service for parents and carers which provides, via a structured 'Parents Together' programme, support and learning to enable parents to develop their own skills and strategies to deal with the issues they are facing in their families, whilst increasing parent-child communication, self esteem and confidence.

Some of the topics covered within the programme are 'stress busting for parents', 'dealing with tantrums', 'less shouting more co-operation' and 'you and your teenager'.

PSS Impact (Wirral)

The Leasowe Millennium Centre
Twickenham Drive
Leasowe
Wirral
CH46 1PQ

Tel: 0151 606 5656

(if no reply, telephone 0151 702 5577)

Email: seamus.walsh@pss.org.uk

PSS Impact works with children and young people who live with the consequences of parental problematic drug or alcohol use. It offers one to one and group work support. The one to one work is often about helping children back into school, their feelings and helping them build resilience to their experience.



The group work is a mixture of informal education and fun/challenging activities. The project works with parents. It challenges lifestyles and offers therapeutic and practical support to families and carers.

Social Services (please see page 72)

Wired (also see pages 44 and 62)

Cavendish Enterprise Centre

Brassey Street

Birkenhead

CH41 8BY

Tel: 0151 670 1500

Helpline tel: 0151 670 0777

Email: contact@wired.me.uk

Website: www.wired.me.uk

Wired is an independent organisation providing a range of services which promote equality, dignity and independence of disabled people and carers.

Services provided:

- advocacy for disabled adults
- advocacy for children who are looked after (in care)
- advocacy for school pupils who are disabled
- advocacy for carers
- carers' support.