

COUNSELLING SERVICES



Bebington CVS (Prothero Counselling Service)

The Prothero Centre Counselling Service
65 The Village
Bebington
CH63 7PL

Tel: 0151 643 1333 weekdays

Email: info@bebingtoncvs.solis.co.uk

Website: www.merseyworld.com/bebington

The main focus of this service is offering counselling for people who have relationship difficulties or wider difficulties - seeing people individually or as couples. Also see people with a wide range of other problems. Please ring for further details.

Evening sessions can be arranged.

All clients are asked to make a contribution. This will be discussed at the first session.

Compass

25 Hope Street
Liverpool
L1 9BQ

Tel: 0151 708 6688

Fax: 0151 707 8728

Email: enquiries@compass-counselling.org.uk

Website: www.compass-counselling.org.uk

Opening hours:

Counselling: Monday - Thursday 9am - 10pm, Friday 9am - 5pm.

Office: Monday - Friday 9am - 5pm.

Compass provides free counselling for people aged over 18 in Merseyside to promote good mental health, helping those suffering from depression and anxiety, bereavement, the effects of childhood abuse, relationship problems and stress, amongst other issues.

**DAMAGE
LIMITATION**
THINK WHEN YOU DRINK
0800 988 1421

How to access:

Clients may self refer by telephone, letter or by dropping into the counselling centre. Alternatively GPs, hospitals, support groups and other referral agencies may refer.

Wirral Cruse Bereavement Care

16-20 Holmlands Drive
Prenton
Wirral
CH43 0TX

Tel: 0151 609 0160 (24 hour answer phone)

Website: www.crusebereavementcare.org.uk

Opening hours: Monday - Friday 9.30am - 12.30pm.

To give support and counselling to bereaved people over 18 years of age.

Those with alcohol/drug problems would need to show they were having suitable help and making progress before Cruse counselling could commence.

How to access:

Access is by phone - self referral necessary but GPs or others may ring initially. Not a drop in centre.